

ASPIRE

NORTH WALES CLINIC

P R I C E L I S T

Beauty is being the best possible version of yourself



ASPIRE NORTH WALES CLINIC

wishes to ensure the highest standard of professionalism, expertise and care is carried out and maintained.

Our experienced, qualified therapists are committed to providing you expert and honest advice with realistic expectations and quality treatment.

BEAUTY

iS Clinical treatment facials	4 - 5
Thalgo ritual facials	6 - 7
Crystal Clear treatments for the Face	8
Neck and Eye treatments	9
Holistic treatments	9
Beauty treatments for the Body	10 - 11
Hand and Foot treatments	12
Hair Removal	13
Eye Care	14
Makeup	14
Special Treats	15
Gift Vouchers	15

ADVANCED TREATMENTS

Micropigmentation	16
Weight Loss	16
Tattoo Removal	16
LED Light therapy	17
Fusion Mesotherapy	18 - 19
Nappage Mesotherapy	19
IPL Laser treatments	20
Hair Removal	21

INFORMATION

Alternative therapies	22
Client Care	22
General	23

BEAUTY TREATMENTS FOR THE FACE

Deep Cleansing Purity Ritual Facial £60.00

Featuring a triple resurfacing system of botanical pharmaceutical grade formulations this deep cleansing facial is designed to remove dead skin, encourage cellular renewal and deep cleanse the skin whilst providing essential nutrients and hydration to reveal a brighter and renewed skin surface.

Foaming Enzyme Optimising Treatment Facial £80.00

Designed to revive tired and congested skin, this results driven treatment facial features a powerful yet soothing Foaming Enzyme Masque system, combining papaya & pineapple enzymes with a potent clinical level grade of glycolic acid. This professional treatment produces a luxurious foaming activity while the bio active ingredients exfoliate and deep cleanse the pores to reveal a polished radiant complexion. An intense revitalising masque, copper firming mist and combination of the highest grade pharmaceutical strength complexes and serums are incorporated with a blend of massage techniques to reveal brighter, re-energized and tighter radiant skin. Satisfaction guaranteed.

Youth Renewal Treatment Facial £90.00

This results driven professional anti-aging treatment facial features a powerful Foaming Enzyme Masque system, combining papaya & pineapple enzymes with a potent clinical level grade of glycolic acid. The luxurious foaming activity and bio active ingredients exfoliate and deep cleanse the pores to reveal a polished radiant complexion while an intense Revitalising Masque and combination of the highest grade pharmaceutical strength anti-aging complexes, serums and hydrators are incorporated to reveal brighter, hydrated and tighter radiant skin. Satisfaction guaranteed.

Fire and Ice Resurfacing Treatment Facial £150.00

Maximum results, zero downtime, anti-acneic, anti-aging

Pioneered in Beverly Hills and coveted by A listers globally, this infamous intensive treatment is clinically formulated with the purest pharmaceutical grade ingredients and designed to rapidly and safely resurface the skin, reduce fine lines, address problematic skin and encourage cellular renewal. The centrepiece of this remarkable system is a combination of two treatment masques; the extremely powerful Intensive Resurfacing Masque is formulated with sugar cane extract (potent natural source of glycolic acid), retinol (Vitamin A) and niacinamide (Vitamin B3) whilst the Rejuvenating Masque, formulated with potent antioxidants, sodium hyaluronate (hyaluronic acid), aloe vera, green tea, grape seed and rosemary extract soothes, hydrates and nourishes. This treatment is complemented by a unique combination of cosmeceutical serums & cremes to guarantee one of the most effective results driven facials you'll ever experience.

Treatment time: 0 minutes



BEAUTY TREATMENTS FOR THE FACE

Source Marine *Hydra marine ritual* £55.00

A moisture boosting delight for all skin types but particularly dehydrated. After a relaxing welcome massage, your skin is gently cleansed and exfoliated. A deeply hydrating serum is then applied with Thalgo's signature Heart of the Ocean massage, after which a moisturising mask delivers intense and lasting hydration. An application of Hydra Marine 24 hour gel cream completes the treatment and leaves the skin hydrated, its texture improved and the complexion smooth, plump and radiant.

Treatment time: 1 hour

Moisture Comfort *Extreme comfort ritual* £55.00

A haven of comfort for dry skin. After a relaxing welcome massage, your skin is gently cleansed and exfoliated. A concentrate, rich in algae extracts and replenishing oils, is gently infused into the skin with Thalgo's signature Heart of the Ocean massage, after which a mask bathes the skin in pure nourishment. The treatment finishes with an application of delicious comfort cream to soften, soothe and restore comfort to dry or very dry skin.

Treatment time: 1 hour

Soothe and Protect *Cocooning marine ritual* £55.00

The SOS treatment for sensitive, fragile or reactive skin. After a calming welcome massage to immerse you in an aquatic cocoon, your skin is gently cleansed and refreshed. A repairing serum is applied with Thalgo's signature Heart of the Ocean massage, after which a mask application infuses soothing plant extracts, witch hazel and chamomile into the skin to banish irritation and redness. Finally, an application of a bio protective cream shields your skin from external aggression and irritation. Your skin is left fresh and luminous with redness visibly reduced.

Treatment time: 1 hour

Pure Balance *Pure freshness ritual* £55.00

A complete rebalancing treatment for oily/combination skin. After a relaxing welcome massage, the skin is treated to a deep cleanse and is thoroughly exfoliated. A purifying serum is applied with Thalgo's signature Heart of the Ocean massage, after which an application of a deep cleansing absorbent mask, rich in natural clay, helps lift away impurities. After an application of Ultra-Matte moisturising fluid your skin is left soft, matte and perfectly balanced.

Treatment time: 1 hour

Ocean Facial *For men* £55.00

Thalgo has created the Ocean Facial for stressed skin. This high tech professional treatment is based upon relaxing massage movements and the application of a purifying mask diffusing all the goodness of the highly energising Algue Bleue Vitae®, directly to the heart of the skin. Relaxed and recharged your skin regains all its energy and bounce.

Treatment time: 1 hour

THALGO
LA BEAUTE MARINE

BEAUTY TREATMENTS FOR THE FACE

Crystal Clear Microdermabrasion £50.00

Crystal Clear microdermabrasion offers a safe and controlled method of skin resurfacing by gently exfoliating the outer layers of the skin. The treatment offers a progressive solution to open pores, black heads, pigmentation and much more. The vacuum action achieves an immediate lifting effect, increasing new collagen and elastin fibres, resulting in firmer and toned skin.

Recommended as a course of 6 or 10

Course of 6 £250.00

Course of 10 £450.00

Treatment time: 1 hour

Specialised Anti-Aging Treatment £42.00

Microcurrent facial lifting.

Course of 6 £210.00

Treatment time: 40 minutes



NECK AND EYE TREATMENTS

Extreme Comfort Eyes £40.00

An intensive, progressive treatment for treating puffiness, dry wrinkles and skin sagging on the eye contour area.

Treatment time: 30 minutes

Pure Collagen Neck and Eye Treatment £45.00

This luxurious treatment leaves the eye and neck contours soft and smooth and plumps out fine lines and wrinkles.

Treatment time: 45 minutes

HOLISTIC TREATMENTS

Reflexology £45.00

Reflex points of feet which relate to parts of the body are massaged. This helps the energy flow that becomes blocked. By unblocking the body's own healing capacity can be improved. Extremely beneficial when booked as part of a course. Includes a consultation.

Treatment time: 1 hour

Hopi Ear Candling £30.00

Treatment time: 45 minutes


Indian Head Massage £40.00

Treatment time: 45 minutes

BEAUTY TREATMENTS FOR THE BODY

High Precision Shaping Treatment £65.00

Thalgo have created this high precision shaping treatment using perfecting and sculpting massage techniques alongside high performance concentrated products containing sculpt active technology, which promotes the elimination of stored fats, helps with the loss of firmness and also eliminates the appearance of cellulite.

 The Silhouette Shape and Correction products are available in reception to purchase and use at home.

Treatment time: 1 hour

Frigi Thalgo Body Wrap *Slimming quick fix* £60.00

Discover Thalgo's famous cool marine wrap, featuring a relaxing welcome massage, followed by a bandage wrap infused with a Thalgo-patented seaweed extract, menthol and active ingredients to improve blood flow and regulate fluid balance. The wrap significantly boosts circulation to eliminate excess fluid and toxins from the hips and thighs, and improve the appearance of cellulite.

Treatment time: 1 hour

Sea and Senses Body *Marine hot stones* £75.00

More than a new massage method, Sea and Senses Body is a complete purifying, remineralising and relaxing treatment. The exfoliating and sculpting techniques are carried out with volcanic and marine stones for a completely rounded approach using spiral movements.

Treatment time: 1 hour 15 minutes

Indoceane Body Treatment £80.00

Thalgo have crossed the seas and oceans, blending Mediterranean, Egyptian, Indian and Chinese influences for this wonderful body treatment.

Treatment time: 1 hour 30 minutes

Back, Neck and Shoulder Massage (30) £30.00

Course of 4 £100.00

Treatment time: 30 minutes

Back, Neck and Shoulder Massage (50) £40.00

Course of 4 £120.00

Treatment time: 50 minutes

Face, Neck and Shoulder Massage £30.00

Course of 4 £100.00

Treatment time: 30 minutes

Hot Stones Back Massage £40.00

Hot Stones Full Body Massage £60.00

Top To Toe Body Massage £50.00

Improving circulation, encouraging lymphatic drainage and promotes relaxation.

Treatment time: 1 hour

Scalp Massage £27.00

Treatment time: 20 minutes

THALGO
LA BEAUTE MARINE

HAND AND FOOT TREATMENTS

Manicure £25.00

Treatment time: 30 minutes

French Manicure £30.00

Treatment time: 45 minutes

File and Polish £15.00

French File and Polish £16.00

Little Girls Manicure £15.00

Treatment time: 15 minutes

Shellac £25.00

Shellac Removal £5.00

Luxury Paraffin Wax Manicure £35.00

This treatment nourishes and moisturises the skin and increases joint mobility. Suitable for people who suffer from arthritis.

Treatment time: 1 hour

Paraffin Wax Hand Treatment £25.00

Treatment time: 30 minutes

Nail Art *Per nail from* £0.50

Glitter, art, jewels, etc.

Pedicure £30.00

Includes foot massage.

Treatment time: 1 hour

Luxury Paraffin Wax Pedicure £45.00

Treatment time: 1 hour 15 minutes

Paraffin Wax Foot Treatment £30.00

Treatment time: 45 minutes

HAIR REMOVAL

Waxing *Tea tree wax is used for all wax treatments*

Arm £17.00

Full leg £26.00

Half leg £18.00

Bikini £15.00

Mediterranean £20.00

Brazilian £25.00

Hollywood £30.00

Underarm £14.00

Lip £8.00

Chin £8.00

Lip and chin £13.00

Eyebrow £9.00

Full face £15.00

Mens Waxing

Full back £25.00

Half back £18.00

Full chest £25.00

Half chest £18.00

Brow £9.00

Electrolysis

10 minutes £15.00

20 minutes £25.00

EYE CARE

Eyelash Tint* £15.00

Eyebrow Tint* £9.00

Eyelash and Eyebrow Tint* £20.00

*A patch test is required 24 hours before treatment.

Weekend Lashes *3 to 7 days* £15.00

Semi Permanent Lashes *4 to 6 weeks*

Full set £60.00

Half set £40.00

Infill *Every 2 to 3 weeks* £20.00

Removal of lashes is available.

MAKEUP

Cleanse and Makeup *For a special occasion* £30.00

Treatment time: 30 minutes

Trial Makeup £45.00

Makeup trial for your special day.

Wedding Day Makeup £50.00

A home or hair salon visit is available at an extra cost.

 Wedding packages available. Please ask a member of staff for more details.

Makeup Lesson £60.00

Consultation and advice on making the most of your features, hiding blemishes, etc.

Duration: 1 hour

Little Girls Makeup £20.00

SPECIAL TREATS

Bronze Relax Package £85.00

Discovery facial, back massage and manicure.

Treatment time: 1 hour 30 minutes

Silver Relax Package £115.00

Discovery facial, back massage and manicure, pedicure and a glass of fizz.

Gold Relax Package £170.00

Manicure, pedicure, Thalgo facial, top to toe body massage, lunch and a glass of fizz.

Mum To Be £170.00

Eyelash tint, pedicure, mini facial, eyebrow shape, Thalgo pregnancy treatment and lunch.

Celebration Party

The clinic is available to use for special celebrations such as hen parties, birthdays or just a girly occasion. Please ask a member of staff for more details.

GIFT VOUCHERS

Available for any amount and for all occasions, making the perfect present for family and friends. Gift vouchers can be used to purchase treatments or products in the clinic and are valid for 6 months from the issue date. Please ask a member of staff for more details.

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MICROPIGMENTATION

Semi permanent makeup. Imagine the possibilities! Wake up looking beautiful. Step out of the shower, emerge from the pool or gym with your eyebrows, eyeliner and lip colour perfectly in place. Well it is now possible and you can look wonderful 24 hours a day with this medically approved procedure.

Semi permanent makeup eliminates the chores of having to apply, reapply and remove your makeup every day and it will always look professionally applied.

Micropigmentation *From* £300.00

Please ask a member of staff for details.

WEIGHT LOSS

Ultrasonic Liposuction £50.00

A highly effective way to give your figure a helping hand. Used alongside a balanced diet and exercise, ultrasonic liposuction will help to remove stubborn pockets of fat.

Course of 6 £200.00

TATTOO REMOVAL

Non Laser Tattoo Removal *From* £50.00

Please ask a member of staff for details.

LED LIGHT THERAPY

The illumination LED face mask is a new design of LED therapy, delivering 3 different wavelengths to activate your skins' natural healing ability. It can be used standalone treatments or coupled with other treatments such as micro-needling, chemical peels, microcurrent, microdermabrasion and others. The unique small attachment can be used for neck and chest treatments, alternatively detached and used on other areas of skin.

Is this treatment for you?

- Acne
- Breakouts
- Fine lines
- Redness
- Pigmentation

LED Light Therapy £50.00

Treatment time: 30 minutes

**LED Light Therapy and
Medical Microdermabrasion** £75.00

Treatment time: 1 hour 15 minutes

FUSION MESOTHERAPY

Mesotherapy is a treatment that introduces microscopic quantities of products into the skin to treat a variety of conditions. Homeopathic medications, traditional pharmaceuticals, growth factors, biomimetic peptides, vitamins, minerals and amino acids are a selection of products that are commonly used. All medications are selected for the specific condition being treated.

Here at Aspire, we offer the most advance Mesotherapy treatments known as CelebritySmart which incorporates the Fusion Mesotherapy Smart Mix for the ultimate in bespoke anti-ageing treatments. The CelebritySmart treatments are based purely on each individual's specific needs. Our experienced therapists will make a highly concentrated bespoke cream, tailor made to your requirements that will be incorporated on the day within your treatment. You can even take some home!

MesoUltimate *From £100.00*

Fusion MesoUltimate is the most requested treatment by Celebrities within the Fusion Mesotherapy treatment range. It incorporates a special cocktail called F-LIFT+FACE which is a potent mix of growth factors and biomimetic peptides. It is blended with a line filling hyaluronic acid for deep nourishment and wrinkle reduction. The results speak for their self, rejuvenation on many levels! Anti-wrinkle, skin firming, stimulation of collagen, skin lightening, brightening and free radical blocker are just some of the many benefits of this treatment. The Fusion MesoUltimate treatment includes the most highly concentrated anti-ageing cream with a serum texture that can also be used around the eyes.

MesoLift *From £100.00*

Fusion MesoLift is especially effective over a course of treatments, providing a natural Botox-like and lifting effect. It smooths fine lines, softens expression lines and wrinkles and naturally hydrates and nourishes the skin.

MesoGlow *From £100.00*

A powerful cocktail of vitamins, antioxidants and hyaluronic acid is used to achieve a natural, healthy glow to the skin, reversing the signs of ageing. Fusion MesoGlow is a perfect treatment for anyone looking for instant nourishment and protection. Recommended to prevent, repair and regenerate the skin. Ideal treatment prior to holiday and post exposure to the sun.

MesoRadiance *From £100.00*

Radiant skin is what we all look for when attending special events and occasions. Treat your skin to an instant boost of radiance with the Fusion MesoRadiance treatment. This powerful blend of active ingredients provides instant radiance and hydration, bringing your skin back to life. Particularly beneficial for smokers skin or dull lifeless skin.

MesoHydration *From £100.00*

At certain times we all find that our skin lacks hydration and could benefit from additional nourishment. Fusion MesoHydration provides instant relief and moisture, leaving your skin feeling soft and supple. This treatment is especially beneficial over the winter months when our skin needs additional hydration to maintain its natural balance, elasticity and luminosity.

NAPPAGE MESOTHERAPY

Fusion Meso Nappage can treat a variety of conditions such as wrinkles, sagging skin, lack of radiance, dehydration, sun damage and scalp conditions. Fusion Meso Nappage is particularly good for rejuvenating the face, neck décolleté and hands. Due to the advanced Fusion Mesotherapy solutions that are incorporated in the treatment excellent results are achieved when treating a variety of conditions.

Variations of Treatment *From £100.00*

Please ask a member of staff for details.

FUSION
MESO ∨ THERAPY

IPL LASER TREATMENTS

Consultation *Including a patch test* £25.00

Prior to any treatment the qualified specialist will provide a full consultation. The consultation identifies the expectations of the client and provides a complete exploration of the treatment. A medical history is taken to confirm suitability for treatment and, if the client wishes to proceed, a written informed consent is obtained and patch test is performed to confirm that there are no adverse skin reactions to the light.

Skin Rejuvenation* *From* £100.00

The laser helps to create a more youthful, even complexion. Targeting the signs of aging caused by sun damage such as brown spots (pigmentation), redness (thread veins) and uneven skin texture, lines and wrinkles. Stimulation of the fibroblast cells lead to increased production of collagen and elastin. Scarring can also be reduced using this treatment.

Acne* *From* £95.00

Acne can be effectively treated with IPL alone or in combination with other clinical treatments. The laser greatly reduces the number and severity of active lesions, lessening the information and frequency of breakouts.

Pigment Removal* *From* £85.00

Pigment lesions such as freckles and age spots can be successfully removed. The rapid absorption of light energy heats the melanin and causes the destruction of melanin rich cells.

Red Veins* *From* £85.00

Light energy is readily absorbed by the blood vessels, heating them to a point where they are destroyed, providing a long-term solution to facial problems such as red flushing (rosacea). Thread veins and red spots will be eliminated.

Which type of veins can be treated?

- Facial thread veins
- Spider naevi
- Port wine stains

IPL LASER TREATMENTS

Hair Removal* *Female*

	Single treatment	Course of 6
Upper lip	£55.00	£264.00
Chin	£55.00	£264.00
Chin and neck	£95.00	£456.00
Eyebrow term	£55.00	£264.00
Underarm	£90.00	£432.00
Breast	£65.00	£312.00
Abdomen	£90.00	£432.00
Bikini line	£100.00	£480.00
Extended bikini	£130.00	£624.00
Half leg	£190.00	£912.00
Full leg	£300.00	£1440.00

Hair Removal* *Male*

	Single treatment	Course of 6
Full beard	£170.00	£816.00
Shoulders	£175.00	£840.00
Upper back	£250.00	£1200.00
Full back	£270.00	£1296.00
Chest	£270.00	£624.00
Abdomen	£130.00	£624.00
Chest and abdomen	£200.00	£960.00

* A consultation and patch test is required 24 hours before treatment. Prices are guidelines only and will be confirmed during consultation.



ALTERNATIVE THERAPIES

For information on our complete range of services available at the clinic, including Hypnotherapy, Reiki, Yoga and Pilates, please ask a member of staff.

CLIENT CARE

We want you to be totally satisfied with our service. Your comments and views are always much appreciated. If you are not completely happy, please let us know and we will endeavour to rectify the situation immediately.

CHILDREN

We request that any child under the age of 16 is accompanied by an adult.

BOOKING YOUR APPOINTMENT

Please call or email to book your treatment.

 01492 534533

 beauty@aspirehealthandbeauty.co.uk

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OPENING TIMES

Monday	<i>By appointment only</i>
Tuesday	9.00AM - 6.00PM
Wednesday	9.00AM - 8.00PM
Thursday	9.00AM - 8.00PM
Friday	9.00AM - 6.00PM
Saturday	9.00AM - 4.00PM
Sunday	Closed

Late and Sunday appointments available upon request

CANCELLATIONS

Your appointment time is reserved exclusively for you. If unable to keep it, kindly give 24-hour notice.

PAYMENTS

We are pleased to accept all major debit and credit cards.

The VISA logo, featuring the word "VISA" in a bold, uppercase, sans-serif font.

ASPIRE

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